

East Woodhay Village Hall

New Classes starting January 2025

Spring Term Dates: Monday 6th January - Monday 7th April



Monday
9.00-9.50

Join the Zumba party that can help you get fitter while having fun!



Tai Chi

Monday
10.00-10.50

Gentle, easy to learn exercise to help flexibility, stability, balance and relaxation.

Drop-in's Welcome. £8 per session.

Or choose a class pack for discounted pricing

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